

TOP 10

Survival Strategies for those new to Graduate Medical Education

An educational resource brought to you by
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Are you new to your role in graduate medical education? Just returning to GME after years in another field – and nothing looks familiar?!

Here are some strategies to jump-start your effectiveness in GME:

Strategy #1 - Take the time to learn the basics: Details change, but the mission remains the same.

Strategy #2 - Continue to learn: GME requirements and programs change *constantly*.

Strategy #3 - Be curious: Question everything that you do not understand (except why residents are always hungry – no one knows the answer to that...)

Strategy #4 - Schedule regular meetings with your supervisor – and make sure they are kept. Communication and partnering keep you both on target.

Strategy #5 - Schedule regular meetings with yourself: Put up the “do not disturb” sign, take the time to plan your work, and quietly concentrate on the important projects of the day.

Strategy #6 - GME is always hectic!!

Organization is the key. Keep your priorities straight – “urgent” and “important” are not synonyms.

Strategy #7 - Join a network of your professional peers – or start one.

Strategy #8 - Do not underestimate the importance of your mission: You might be training your own future physician.

Strategy #9 - Do not underestimate the importance of your role: The program or GME administrator/coordinator can make or break the program.

Strategy #10 - Keep your sense of humor: Have fun! Nurturing tomorrow’s medical leaders really IS the best job in town!



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